2019 4-H CAMP PALMER MENU SELECTION

**BREAKFAST**

**B-1**
Burritos (make your own)
Scrambled eggs & ham
Potatoes

**B-2**
French Toast
Sausage

**B-3**
Fresh Cinnamon Rolls

**B-4**
Egg, Cheese & Bacon Biscuit

**B-5**
Your Choice (Pick ONE)
Muffins OR
Donuts OR
Coffee Cake

**B-6**
Breakfast Casserole w/Bacon
Biscuits

**B-7**
Waffles
Sausage

**B-8**
Scrambled Eggs
Sausage
Biscuit

**ALL BREAKFISTS INCLUDE:**
COLD CEREAL, YOGURT, FRUIT, BOILED EGGS, MILK AND JUICE.

**BREAKFAST IN BED IS SERVED IN CABINS.
INCLUDES: MILK, JUICE, COLD CEREAL & CINNAMON ROLLS**

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**LUNCH**

**L-1**
Make your own Tacos
Beans, Rice
Fruit Crisp

**L-2**
Sloppy Joes
Tortilla Chips w/salsa
Strawberries and cream

**L-3**
Chicken Tenders
Twice Baked Potato
Baked Beans

**L-4**
Cheeseburger Tots

**L-5**
Grilled Ham & Cheese Sandwich
or Grilled Cheese Sandwich
Chips

**L-6**
Chicken Breast Sandwich
Macaroni & cheese

**L-7**
BBQ Pork Sandwich
French Fries

**L-8**
Creamy Chicken Sandwich
French Fries

**L-9**
Chicken Fajitas
Cheesy Potatoes
Beans, Rice

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**SUPPER**

**S-1**
Ham
Scalloped Potatoes
Corn Bread
Green Beans

**S-2**
Spaghetti/Meat Sauce
Garlic Bread Sticks

**S-3**
Popcorn Chicken
Mashed Potatoes & Gravy
Corn
Dinner Roll

**S-4**
Beef & Noodles
Mashed Potatoes
Corn
Dinner Roll

**S-5**
Pizza
Bread sticks

**S-6**
Lasagna
Bread Sticks

**S-7**
Chicken Stir Fry
Rice

**PICNIC (Lunch or Supper)**
Hot Dogs/Buns
Baked Beans
Veggie & dip
Potato Chips,
Brownies

**ALL LUNCH & SUPPERS INCLUDE:**
SALAD BAR & DESSERT
(EXCEPT PICNIC)

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**SNACKS:** Fresh baked cookies are served each evening with milk. You may select from the following:

Chocolate Chip Cookies
Peanut Butter Cookies
*No-Bake Cookies*
*Indoor S'mores*
*Snicker doughnuts*
Sugar Cookies
Campfire S'mores
Rice Krispie Treats